



Dr. Verma actively writes a blog on a variety of health related topics. Follow his blog and keep up to date on the integrative medicine scene in Canada.

[Privatization of Medicine in Canada](#)

The Dr. Day court case is all around us. The country is divided. This posting evaluates privatization of medicine from the point of view of an integrative medicine physician who is trying to advance an out-dated medical system.

[Does Hormone Replacement Therapy cause Cancer?](#)

Dr. Verma responds to recent articles relating hormones to cancer. A must read for those wanting to understand the differences between synthetic and bio-identical hormones.

[The Future of Medicine](#)

This 3 part series describes the progressive movement of integrative medicine working into the Canadian medical system.

[Don't forget to register for an upcoming seminar](#)

We offer a regular free seminar series through both of our clinics. Our next seminar is on October 12, 2016.